

Remote Interview Checklist

Important: Use this as a supplementary guide alongside your established interview criteria. This checklist is not meant to be used independently. Always rely on your professional judgment and company-specific hiring requirements.

Assessment Area	What to Look For (Rating Guide)	√
1. Technical Setup	Clear video/audio quality, professional background, good lighting and stable internet connection. No distracting noise or technical interruptions.	
2. Listening Skills	Waits for complete questions before responding, doesn't interrupt, shows active listening through focusing/engagement and asks for clarification when needed.	
3. Authenticity	Natural conversational flow, thoughtful pauses and genuine responses rather than rehearsed scripts. Comfortable with spontaneous follow-up questions.	
4. Preparation Level	Demonstrates knowledge about company/role, connects their experience to job requirements, asks informed questions and shows genuine research effort.	
5. Honesty & Integrity	Maintains eye contact with camera, no obvious signs of looking up answers, provides honest responses and admits limitations openly.	
6. Growth Mindset	Comfortable saying "I don't know," explains learning approach for unfamiliar topics, shares examples of past skill development and shows adaptability.	
7. Remote Work Competency	Articulates work-life balance strategies, demonstrates self-management skills, provides examples of independent work delivery and priority management.	
8. Engagement & Curiosity	Asks thoughtful questions about role/team/company, shows genuine interest, builds on conversation topics and demonstrates cultural fit.	
9. Personality & Cultural Fit	Shares appropriate personal insights, shows enthusiasm, demonstrates communication style and reveals character beyond professional qualifications.	
10. Professionalism & Composure	Maintains calm demeanor throughout, handles unexpected situations well, appears comfortable and confident and shows professional presence.	



